

Borealis

The Monthly Journal of Northern Michigan Mensa



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Northern Michigan Mensa

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Borealis, the newsletter of Northern Michigan Mensa (Region 3, Group 496), is published under the auspices of its Executive Committee.

The newsletter contains mandatory items; the rest of the content shall appeal to the general membership of Northern Michigan Mensa.

The newsletter shall not include matters which are indecent, scandalous, libelous, or invade someone's privacy, nor shall copyrighted material be used without the permission of the owner. Ethnic, racist, sexist, or religious slurs shall not be printed. Bad jokes are allowed. Northern Michigan Mensa recognizes that the newsletter is addressed to both minors and adults; material printed will be appropriate for distribution to minors.

All matters submitted to the editor shall be subject to editing for content, style, and space limitations, except that if a person submits material with a restriction that it be published "as is or not at all." That a person has written and submitted something to the newsletter is not, in itself, sufficient reason for its publication.

Submissions are welcome! Members of Northern Michigan Mensa may send their original writing submissions to Borealis.

Please do not send the work of others unless such submissions include permission and release of copyright from the author.

Writing:

1. Writing you submit may be edited for length and clarity, but not content. This is the default editorial assumption.
2. If you don't want your work to be edited at all, you may submit it for publication "as is or not at all." It will not be edited in any way. If published, a note will indicate that it is wholly the work of the author.
3. You may also submit work that is rough and needs major editing. If you have written something but don't have time to polish and edit it, you can still submit it and, at your request, we will give it extra help.

All writing and letters may be submitted by email as an attachment or as the message body itself. Typed pages and letters can be mailed.

Photographs:

Photographs and other artwork can be submitted via email in JPEG, PNG, GIF, WEBP, or other standard formats. Flat art or photographs can also be physically mailed, but please do not send originals. Please label each piece submitted with your name and address.

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NMM Book Club - Bibliomensans

Saturday, October 1, 2022, 11:00 AM

We will discuss *Crying in the H Mart* by Michelle Zauner. If you've never shopped in an H Mart - it's a grocery store specializing in Asian food. Typically there'll be Vietnamese, Japanese, Chinese, Korean, and other ingredients (sauces et cetera) plus of course veggies and other foodstuffs common to those cuisines and ethnicities. Sherry McNamara will introduce the book and lead the discussion.

October 1, 2022 - Beulah Fall Festival

October 7 - October 8, 2022

Fort Fright - Mackinaw City, Colonial Michilimackinac

October 14 - October 16, 2022

Charlevoix Apple Festival, Downtown Charlevoix

October 15, 2022 - Trapping clinic - Mitchell State Park, Cadillac

October 20-23, 2022 - 14th annual film festival, Frankfort

Chicago Area Mensa Regional Gathering

HalloweeM 46: Reunited and it feels so good

October 27-30, 2022

Return to WeeM (or join us for the first time) and go back to the age of disco. Have fun with over 500 fellow Mensans from all over the world and their guests. Play games, attend seminars, dance, talk, eat, drink, volunteer, and laugh.

Poetry

A Lecture upon the Shadow, by John Donne

Stand still, and I will read to thee

A lecture, love, in love's philosophy.

These three hours that we have spent,

Walking here, two shadows went

Along with us, which we ourselves produc'd.

But, now the sun is just above our head,

We do those shadows tread,

And to brave clearness all things are reduc'd.

So whilst our infant loves did grow,

Disguises did, and shadows, flow

From us, and our cares; but now 'tis not so.

That love has not attain'd the high'st degree,

Which is still diligent lest others see.

Except our loves at this noon stay,

We shall new shadows make the other way.

As the first were made to blind

Others, these which come behind

Will work upon ourselves, and blind our eyes.

If our loves faint, and westwardly decline,

To me thou, falsely, thine,

And I to thee mine actions shall disguise.

The morning shadows wear away,

But these grow longer all the day;

But oh, love's day is short, if love decay.

Love is a growing, or full constant light,

And his first minute, after noon, is night.

From the Regional Vice Chair

"I'm so glad I live in a world where there are Octobers." - L.M. Montgomery

Ah! October! It's time for pumpkins, trick or treating, and Testing Month! I'll be honest, I don't know why Testing Month is held in October. What I do know is it's an amazing opportunity for Local Groups to grow and do outreach. There is extra marketing happening from the National Office and hence more prospects, and the discounted testing vouchers make a difference to the people taking the test. (If you don't have a Proctor and need a way to get a volunteer trained, please contact Timothy at the National Office). Plus, as a bonus, holding a test counts to each chapter's Jewel Awards.

Speaking of Jewel Awards, many congratulations are in order for several groups in our Region who achieved Jewels. Out of the 36 awards given this year, 8 of them were captured by region 3 groups:

- Dayton Mensa- Diamond Award
- East Central Ohio Mensa- Ruby Award
- Bluegrass Mensa- Sapphire Award
- Mid Michigan Mensa- Sapphire Award
- Cincinnati Mensa- Emerald Award
- South East Michigan Mensa- Emerald Award
- Western New York Mensa- Emerald Award
- Kentuckiana Mensa- Emerald Award

More information on the awards can be found here: <https://www.us.mensa.org/recognize/group-awards/local-group-jewels/>

Additionally, congratulations to groups that had winners in Culture Quest: Uncle Churd of ECOM in 8th place, John Cunningham Memorial CQ Team of Cincinnati in 9th, and The Original Standard Deviants from WPAM.

Many thank yous and Congratulations to those of you that may not have won, but contribute much to Mensa. I appreciate you.

~Lora Mitchell, Regional Vice Chair 3

RVC3@us.mensa.org

Happy October Birthday!

Robert Atallo	6-Oct
James Rogers	19-Oct
Mark Muniak	25-Oct
Susan Nolff	31-Oct

Mensa Membership Milestones (Years of continuous Membership)

1 Year	Patrick Begg
1 Year	Sara Quigley
7 Years	Julie Frazier

October is Membership Month

Mensa Membership Month gives us an opportunity to celebrate our founding and connect with potential members through storytelling. Stories from the recent Oral History Project are the basis for a new ad campaign that spotlights reasons why people have joined and why others might consider joining. New, ready-made print ads and graphics - suitable for sharing on social media - are available.

We (NMM) as a club are not in a position to schedule sessions for Mensa Testing Day this year; we are short on proctors. (Hint: a call for volunteers is in the future.) But this is still a good time to spread the good word about American Mensa. Do you have a good Mensa origin story? We could use it in concert with the new ads.

Contact Jim McDermott for more information, or to help.

September cryptogram answer:

My therapist told me the way to achieve true inner peace is to finish what I start. So far I've finished two bags of M&Ms and a chocolate cake. I feel better already. — Dave Barry

October cryptogram hint: The letter 'Y' is encoded 'R'

September crossword puzzle answer

C	D	T				L	S	U				M	E	W			
A	A	R	P			L	E	A	S	E		B	A	L	I		
B	L	E	U			E	N	D	E	D		A	L	A	N		
S	I	E	R	R	A	S			D	E	F	Y	I	N	G		
						D	E	F	E	R		N	I	L			
F	E	T	U	S			S	E	E		B	O	T	C	H		
A	L	B	E	I	T			F	L	U		R	U	L	E		
R	I	O			N	O	D			M	S	U		T	A	X	
E	T	N	A			M	I	T			A	T	T	U	N	E	
S	E	E	K	S			T	I	N		T	U	S	K	S		
						R	U	G			C	A	M	E	L		
H	O	M	O	N	Y	M				S	A	R	A	L	E	E	
I	R	A	N				R	O	A	S	T		N	A	D	A	
P	E	R	U					O	P	R	A	H		E	N	D	S
S	O	T						S	M	U				D	Y	E	

It's Greek to me Sudoku

Complete the grid so each row column and 3 x 3 box contains every symbol in the set: α β χ π ε φ γ η ι

χ		φ			ι			
ε				χ			α	
	η							
		ι					π	
β	π		η			ε		
					α	φ		
	φ		γ	α			η	
				η			ε	
	β	η		ι			γ	

Fall Squash Porridge, or Soup

Ingredients

1 “winter”-type squash like the one shown on this month’s cover (variety unknown - bought it at a veggie stand), or you may use acorn, delicata, spaghetti, or other firm-fleshed squash.

2 Tbsp butter **or** substitute with olive oil for vegan option

1 Tbsp olive oil + 1 Tbsp to sear the squash

1/2 cup honey

1 Tbsp soy sauce

1 Tbsp hot sauce - Valentina’s, Franks, sriracha, etc

1 Tbsp curry powder

1 1/2 tsp pumpkin pie spice

2 cups yogurt + 2 cups milk for the “next day soup” option, **or** you may use soy milk for a vegan option.

1 tsp salt (optional)

Directions

Peel, de-seed, and cube the squash.

Sear the squash in olive oil for 10 minutes, in heavy pan (enameled cast iron works great) or stovetop and oven-safe casserole dish.

Thoroughly mix remaining liquid ingredients and spices, add to squash, stir until squash is covered.

If cooking on stove top, bring to boil and simmer 90 minutes.

If cooking in oven, bake at 350 degrees Fahrenheit for 90 minutes.

Serve hot atop rice, wild rice, or other grain.

- or -

Let cool and refrigerate overnight. Next day, add 2 cups milk or soy milk, puree, and serve as soup.

Puzzles & Answers

September Sudoku:

ε	α	β	π	χ	γ	η	ι	φ
π	ι	η	φ	α	ε	χ	γ	β
φ	γ	χ	β	η	ι	ε	π	α
η	φ	ι	α	γ	π	β	ε	χ
γ	π	ε	χ	β	φ	α	η	ι
χ	β	α	ι	ε	η	γ	φ	π
ι	χ	γ	ε	φ	α	π	β	η
α	η	π	γ	ι	β	φ	χ	ε
β	ε	φ	η	π	χ	ι	α	γ

October cryptogram:

REH VNWWNM AHW WZN LXBBU XT YEHM

LXNANK VNAUHKX X'I TEW ZHTDMR

NTEHDZ WE NUW KXQ.

REDX VNMMU

Northern Michigan Mensa Officers

Elected Members

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Check out our website: www.nmm.us.mensa.org

On the cover: Squash by Picnic Lake
 by NMM member John Porter